

WHAT IS CLUB VOLLEYBALL?

Club Volleyball or often called JO volleyball (Junior Olympic Volleyball), is a competitive program that trains athletes in the sport of volleyball so they can continue their skill development and compete locally and/or nationally following the normal school season.

GOVERNING BODIES

Volleyball clubs are sanctioned by governing organizations such as USA, AAU, or JVA . Players will register at the beginning of each season to one or more of these organizations so they can participate in their events. CJVA is a member of all 3 organization.

SEASON LENGTH

The duration of the season varies depending on the number of events a team participates in. CJVA's season run from October through late June for National teams and December through May for Regional and Local teams. Check CJVA website for specific dates.

IS CLUB FOR ME?

Club volleyball can be costly; therefore, it is important to determine if it is the right fit for your child. If an athlete is just looking to play for fun and to be with their friends, there are less expensive alternatives including CJVA's Youth League. Athletes that come to the club program are looking for better competition and to elevate their game with the hopes of eventually playing at an Elite/Collegiate level.

CJVA is looking for young athletes who are passionate about the sport and we can teach them the rest. Our teams are divided by skill level within each age group. We have team options that range from beginner to elite, and from "non travel" to "out-of-state" travel.

MAKING A TEAM

Clubs hold their own tryout with formats varying from club to club. There is a registration fee to participate in tryouts.

CJVA's tryouts are held in late summer and fall for Boys' and Girls' club teams, to assess players' skills, attitude with other players, and game play abilities. Tryouts consist of several skill-based drills to evaluate players' understanding of the fundamental skills of volleyball, as well as competitive gameplay to see how players connect the fundamental skills in real situations. If selected, a player will be offered a spot on the team and required to sign a contract, which commits that player to that club for the season. 10-12 players are selected per team.

WHY IS CLUB A "MUST" FOR COLLEGE?

Club volleyball is the primary method by which college coaches recruit high school players. Since both the NCAA woman's volleyball season and girl's high school season occur in the fall, very few NCAA programs recruit during the high school season. Instead, they utilize regional and national events during the club season to see as many athletes as they can.